

Hello IBST,

As we approach the end of the academic term, we would like to inform you of our upcoming winter break schedule.

Here are some important details regarding the winter break:

## Dates of Winter Break: January 20th to February 15th

## School Offices Closed: February 8th to February 14th

No Classes or Academic Activities during this period. First day of next semester: February 16th

During the winter break, there will be no classes or academic obligations for students. Please note that our administrative offices will also be closed during Chinese New Year Holidays from February 8<sup>th</sup> to 14<sup>th</sup>.

We encourage everyone to use this time wisely to relax, rejuvenate, and engage in activities that promote personal well-being and growth.

Safety Reminders:

- 1. **Traffic Safety**: Be cautious when crossing a street or when riding bicycles. Follow traffic rules and maintain appropriate speed. Wear bright or reflective clothing, especially during low-light conditions or at night, to ensure visibility to drivers.
- 2. **Travel Safely**: If you plan to travel during the break, check weather and road conditions beforehand. Drive carefully, buckle up, and follow all safety protocols.
- 3. **Health Precautions**: Maintain good personal hygiene, especially during flu season. Wash hands frequently and wear masks when necessary, especially in crowded areas.
- 4. **Technology Usage**: Balance screen time with other activities. Practice responsible internet usage and be mindful of cybersecurity and online safety.

Activities During Winter Break:

- 1. **Read and Relax**: Take this time to dive into a good book or explore new genres. Reading is a fantastic way to unwind and expand your knowledge.
- 2. **Explore Nature**: If weather permits, enjoy outdoor activities like hiking, camping, or simply taking walks in nature. Fresh air and nature can be rejuvenating.
- 3. **Creative Pursuits**: Engage in hobbies such as painting, writing, cooking, or crafting. It's an excellent opportunity to unleash your creativity.
- 4. **Family Time**: Spend quality time with family and loved ones. Play games, watch movies, or plan a special outing together.

Wishing you a safe, joyful, and restful winter break!